



About PetMassage™

There is a growing appreciation for the uniquely spiritual healing relationship that is achieved with PetMassage™. PetMassage™ is unique among canine massage forms. Initially adapting aspects of equine and human massage therapy, it soon evolved into a form distinguished by its gentleness, ease of performance and effectiveness in optimizing our animals' innate tendency toward homeostasis and balance. Applying combinations of variations of traditional massage, acupressure, positional release, Healing Touch, animal body mechanics and communication, PetMassage™ teaches students to support the intuitive abilities of dogs for self healing through the use of knowledgeable, compassionate touch, fascia releases, understanding, and the use of open body-language communication. PetMassage™ is not "alternative" therapy. It does not take the place of proper veterinary care. PetMassage™ is "complementary," and integrates readily with all forms of canine healthcare.

PetMassage™, Training and Research Institute is in a 5200 sq ft facility, easily accessible to express-ways, metro parks, hotels and some of the best shopping in northwest Ohio. At PetMassage™ in Toledo, OH, we teach workshops, provide individual teaching sessions in dry massage and conduct research on the effects of dry and PetMassage™ WaterWork (massaging dogs in water). PetMassage™ is an approved NCBTMB provider (National Certification Board for Therapeutic Massage and Bodywork) #285813-00 for workshops.

The Founders of PetMassage™



Jonathan Rudinger, RN LMT has been instrumental in developing the field of canine massage for people at home and at the professional level since the mid-1990's. His books and videos include *Effective PetMassage for Dogs*, *PetMassage Energy Work With Dogs*, *A Kids Guide to Massaging Dogs DVD*, *Dogs, Kids, PetMassage*, book, *PetMassage™ Doggie Songs for Kids*, CD, *Creating & Marketing Your Animal Massage Business*, and *TRANSITIONS PetMassage Energy Work for the Aging & Dying Dog*. Jonathan has facilitated over 100 week-long canine PetMassage workshops at the PetMassage™, Ltd. in Toledo, OH and created home-study courses that have provided instruction for thousands of dog owners. Recognized as an authority on massage for dogs he has been interviewed on National Public Radio, all the major radio and television networks and cable networks. He has been featured in *Whole Dog Journal*, *Dog Fancy Magazine*, *Cosmopolitan*, *Glamour*, *Massage Magazine*, *Animal Wellness Magazine*, *Massage Today* and *Massage Therapy Journal*. PetMassage™ as a specific practice is included in the new *TouchAbilities* Massage Therapy textbook. Jonathan is also the founder and president of the International Association of Animal Massage and Bodywork.



Anastasia Rudinger is a Certified Massage Therapist, graduating from the Chicago School of Massage Therapy in 1988. She is also an Infant Massage Instructor who enjoys encouraging new parents to bond with and better understand their babies. By teaching parents Infant Massage techniques, they learn to lovingly and effectively massage their babies.

Jonathan and Anastasia Rudinger live and teach in Toledo, OH with their two dogs: boxer, Lola Ginabrigida, and standard poodle, Jacques-a-Poodle-Doo.

Contact Anastasia Rudinger at:

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PetMassage is Dedicated to Excellence in the Development, Growth and Training of Canine Massage