

PETMESSAGE™ PATCH REQUIREMENT SKILLS

PetMessage™ is a skill you can use to help your dogs stay fit and happy. In 10 years PetMessage™ providers will be helping dogs in most of the veterinarian offices in the US. They will be working in doggie day cares, health spas, and kennels; with veterinarians and animal physical therapists in rehab centers and as private practitioners with their own set of clients.

SKILL DEVELOPMENT

1. Purchase and review DVD: *A Kid's Guide: to Massaging Dogs*.
- * 2. Identify the following parts of a dog's body:
Nostrils, groove in midline of tongue, crest of the neck, throat latch, sternum, withers, ribs, point of the shoulder, elbow, dew claw, umbilicus, pads of paws, hips, stifle, hock, pastern, rear stopper pads. Visit www.petmassage.com/kidzone/index.htm for a dog outline to label.
3. In a journal, research and answer the following questions:
What is a bone?
Draw a picture of a femur, upper leg bone.
How does it fit in the hip socket?
How many bones are in a dog's foot?
How many ribs does a dog have?
How many bones are in a dog's tail?
What is a joint? What does it look like? What does it feel like?
What does it do?
What is a ligament? What does it look like? What does it do?
What is a muscle? What does it look like? What does it do?
What is a tendon? What does it look like? What does it do?
What is a nerve? What does it look like? What does it do?
- * 4. Identify five (5) types of animal body language.
 - 1.
 - 2.
 - 3.
 - 4.
 - 5.
5. Observe and journal how a dog moves (you can role play or discuss your observations):

Walk like a dog. Trot like a dog. Sit like a dog. Pretend to eat like a dog. Show dog play posture.

Pretend to sleep like a dog. Show dominance posture. Show submissive posture.

Show fear posture. Show anger posture. Show how a dog licks his paw (his rear paw!) Show how a dog scratches his ear. Why does he scratch his ear?
6. Identify ten (10) reasons/benefits to massage a dog.
 - 1.
 - 2.
 - 3.
 - 4.
 - 5.
 - 6.
 - 7.
 - 8.
 - 9.
 - 10.
- * 7. Identify why you have to get permission from the dog to give a massage and how you know if he says "yes" or "no."
8. Demonstrate the following:
 1. Vectoring
 2. Assessment strokes
 3. Back scratching
 4. Grounding strokes
 5. Thymus thump
9. Compare and journal the quality of movement before and after massage (at least ½ hour before and ½ hour after massage).

* Indicates activity completed or partially completed in workshop.

III SKILL DEVELOPMENT

Complete two of the following activities:

1. Bake dog biscuits, and donate them to the humane society, animal control (Dog Warden) or a dog care provider of your choice. Go online to www.petmassage.com/kidzone/index.htm for recipe ideas.
- * 2. Tour 2 facilities that provide care for animals & journal your observations, thoughts and feelings. (Suggestions: Zoo, Veterinarian's office, Doggie Day Care, Kennel, Pet Groomer, Obedience Trainer, Dog Walker, PetMassage, Ltd.)
3. Observe puppies being born and journal your thoughts and feelings.
4. Journal your memories and feelings about a pet who has recently died.

II SERVICE PROJECT

Complete two of the following service projects:

1. Demonstrate a full body massage on your dog.
2. Demonstrate a full body massage on friend or other family member's dog.
3. Volunteer as dog walker in your neighborhood or at the humane society.

The PetMassage™ DVD *A Kid's Guide: to Massaging Dogs* and PetMassage™ Patches are available in the Girl Scout Shoppe and Trading Post, retail \$17.95/DVD and \$3.00/patch. Or directly contact: PetMassage, Ltd. 3347 McGregor Ln, Toledo, OH 43623, 800-779-1001, or 419-475-3539.

PetMassage, Ltd strongly recommends purchasing a DVD for each family in the troop to encourage ongoing skill development with Pet Massage

Soothe and Smooth Your Dog's Ruff-Ruff Spots with PetMassage™



Girl scout JUNIOR, CADETTE & SENIOR Patch Requirements

*Cosmopolitan calls PetMassage™ Therapist a
"Cool New Career" (June, 2005).*

*PetMassage™ Patch Program is a partnership between Girl Scouts of
Maumee Valley Council and PetMassage™, Ltd.*

